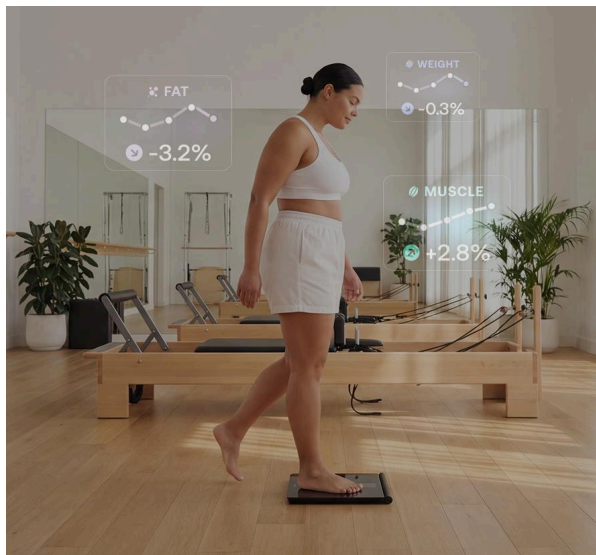


WITHINGS

UNDER EMBARGO UNTIL 13:00 BST, 2 JUNE 2026

Skip the DEXA Appointment, Access DEXA-Level Body Composition for the Price of a Smart Scale

6-zone body composition analysis tool, bringing a DEXA-level precision¹ to your bathroom floor with a body composition analysis in just 10 seconds, and a full measurement complete in 20 seconds.



Paris, 2 June 2026 - Withings today announced the launch of Withings BodyFit an at-home body composition scale delivering 6-zone segmental analysis via its retractable handle, giving athletes, fitness-focused consumers, and those who are trying to lose weight the physiological precision previously reserved for clinical settings. For GLP-1 users, Withings BodyFit provides the precise, actionable insights to ensure weight loss targets fat while actively protecting crucial muscle mass.

New design and features:

- **Handle Design for DEXA-Level¹ Body Composition in 10 Seconds:** BodyFit's integrated retractable handle enables a full-spectrum, 6-zone body composition scan in just 10 seconds. This delivers measurements up to 3x faster than most segmental analysis smart scales, giving you the physiological insights previously reserved for clinical settings. Get your 6-zone body composition scan from home, eliminating the need for an external DEXA scan appointment in a lab.
- **BIS Technology Validated Against DEXA¹:** Withings BodyFit provides advanced at-home body composition monitoring through advanced Bioelectrical Impedance Spectroscopy (BIS) technology, running on 13 frequencies up to 800 kHz, validated against DEXA¹ (Fat Mass: up to 99% correlation, Muscle Mass: up to 98%).¹
- **GLP-1 Muscle Protection to Ensure You're Losing Fat, Not Muscle:** For GLP-1 users, protecting essential muscle mass during rapid weight loss is crucial. Withings BodyFit provides the critical visibility needed, bringing each weigh-in to life with an animated, zone-by-zone body scan that classifies your muscle-to-fat balance across a 6-zone body composition analysis. Every session confirms you are preserving muscle, reducing visceral fat and moving toward a stronger, healthier body.
- **Withings BodyFit Coaches You:** Most scales stop at just providing weight & BMI data. BodyFit turns a simple weight goal into a personalised body composition health journey, automatically tracking calorie balance and generating habit-based recommendations between weigh-ins in the Withings app, with no manual logging required.

A premium experience without a premium price

At £229.95, Withings BodyFit delivers 40+ data points in 20 seconds, every day. Additionally, Withings BodyFit users get a free one-month Withings+ trial providing access to a Health Assistant which is an AI chatbot that contextualises your measurements and provides actionable guidance.

Why Weight is Obsolete: Access DEXA-level Precision¹

¹ While most connected scales use Bioelectrical Impedance Analysis (BIA), which sends a single frequency through the body and estimates composition by extrapolation, BIS operates across a full spectrum of frequencies - up to 800 kHz in Withings BodyFit's upgraded circuit. The Withings DEXA study was conducted using Body Scan.

²Some features shown may not be available at launch. Withings BodyFit's core weighing and segmental body composition measurements are available from day one. Advanced features including Body Profile and BodyPath will roll out progressively starting May 2026. All features will be fully accessible by June 2026.

³https://www.withings.com/us/en/blog/research/body-scan-dexa-scan-reliability?srltid=AfmBOoqUSyz2beUu2w0u3JUlhQkL3G6m9qq5US4xIJBxYCvxzL47P_n

The era of relying on weight alone is over: segmental distribution of muscle and fat is what matters². In 2025, Withings and Mon Stade, a leading French sports-health center, benchmarked Withings 6-zone body composition measurements against DEXA, the clinical gold standard, across 80 participants³. The results demonstrated exceptional accuracy, showing up to a 99% correlation for fat mass and up to 98% correlation for muscle mass, effectively bringing DEXA-level precision¹ to your home.

What sets Withings BodyFit apart is not just the precision of any single measurement: it is the ability to track how your body composition evolves over weeks and months. The Withings app builds a continuous, personalised baseline, making it immediately visible when a trend shifts, whether muscle is quietly declining, fat redistribution is accelerating, or a training block is finally delivering results. A single DEXA scan tells you where you are. Withings BodyFit tells you where you are going.

Withings BodyFit Delivers Fat Loss Clarity for Every Weight Loss Journey, Including the GLP-1 Era

The hardest part of any weight loss journey is ensuring you lose fat, not muscle. Withings BodyFit's 6-zone analysis tracks precisely *what* you are losing and *where* with every weigh-in, including visceral fat, the metabolically active fat stored around internal organs that poses the greatest risk to long-term cardiometabolic health. GLP-1 users in particular, may experience significant muscle loss with their medications, while visceral fat reduction can stall without visibility. Combined with Withings BodyFit's personalized guidance, plus muscle-to-fat distribution mapping, and a certified nutritionist via Withings+, Withings BodyFit ensures the weight coming off is the right kind.

Access Your Body's True Performance Data

Built for performance, Withings BodyFit provides the precise metabolic intelligence needed to actively manage your training and achieve your personal best. Ditch manual food logging: Withings BodyFit automatically delivers a calorie balance estimate and habit-based suggestions with every weigh-in. Additionally, move beyond BMI by mapping your true muscle-to-fat distribution across a sophisticated 12-zone matrix, classifying you in zones like Athletic, Strong, or Powerhouse, to give you a clear, dynamic picture of your progress.

² <https://pubmed.ncbi.nlm.nih.gov/39824205/>

³ https://www.withings.com/us/en/blog/research/body-scan-dexa-scan-reliability?srsId=AfmBOoqUSyz2beUu2w0u3JUIhQkL3G6m9qq5US4xIJBxYCxvzL47P_n

Designed to Optimise Precision and Performance

Eight electrodes (four in the handle, four in the platform) and BIS at up to 800 kHz enable 6-zone body composition analysis that has been validated against DEXA¹. Track muscle imbalances, monitor the impact of a cut or bulk, and catch early signs of metabolic slowdown: not just as one-off snapshots, but as a continuous trend against your personal baseline. All from a slim ITO glass scale with a color screen that fits any bathroom.

Lose Fat, Not Muscle: Withings BodyFit for the GLP-1 Era

GLP-1 medications are transforming obesity treatment, but weight loss alone does not tell the full story: patients risk losing lean muscle mass alongside fat, with lasting consequences for metabolism and long-term health. Withings BodyFit addresses this directly, delivering clinical-grade body composition monitoring that helps patients and clinicians track fat loss and protect muscle mass throughout treatment. Its B2B division, Withings Health Solutions, supports more than 30 virtual obesity management programs with connected weight and body composition devices, reaching over 500,000 patients.

Dr. Platzer, General Practitioner, Withings Medical Advisor: "We're in a new era of weight loss. GLP-1 users can drop 10, 15 kilograms and still be losing the wrong thing. The patients who do best are the ones who can see their muscle-to-fat picture changing in real time, not six months later at a clinical follow-up. A longitudinal body composition profile, tracking progress regularly from home, specifically changes in fat and muscle distribution over time, is the most powerful tool for early prevention and building lasting results."

The Next Generation of Scales: Personalised Health for Every Goal

Withings BodyFit (£229.95) is the affordable entry point into the Withings body composition ecosystem: 6-zone segmental analysis, measuring over 40 physiological metrics, biosignals, and personalised health insights via BIS at 13 frequencies in 20 seconds, designed for weight loss, performance, and GLP-1 support.















Withings Body Scan (£ 349.95) goes further: with a 6-lead ECG and Vascular Age via Pulse Wave Velocity, all in a 90-second measurement. It is the scale behind the DEXA validation study¹.

Withings BodyScan 2 (£449.95) expands to 60+ biomarkers across two critical health dimensions. On the cardiovascular side: hypertension notifications, Heart Age, and cardiac pumping efficiency via Impedance Cardiography (ICG), and blood oxygen (SpO2) via an integrated PPG sensor. On the metabolic side: BodyScan 2 measures glucose resilience to reveal how daily dietary discipline shapes long-term metabolic health. Additionally, it provides a Nerve Response Score to detect early signs of nerve damage years before clinical symptoms appear. Together, these personalised health biomarkers give users the tools to detect and reverse cardiometabolic health issues long before they become life-altering.

Withings Smart scales

Much more than weight, towards better health



	 Body Smart 99,95 €	 Body Comp 199,95 €	 BodyFit 243,95 €	 Body Scan 388,95 €	 BodyScan 2 488,95 €
	The smart check-up to reach your goals	The advanced body check-up	The full-body composition scale	The first health station	The scale reinvented for longevity
	20+ BODYPARTS	30+ BODYPARTS	40+ BODYPARTS	40+ BODYPARTS	60+ BODYPARTS
 Blimpedance scan FREQUENCIES & DEPTH	2 frequencies up to 100 KHZ	2 frequencies up to 100 KHZ	13 frequencies up to 800 KHZ	3 frequencies up to 250 KHZ	13 frequencies up to 800 KHZ
 Body composition FAT, MUSCLE, WATER & VCBF	Single-zone analysis Full-body average Fat & muscle mass Hydration level Visceral fat & BMI Body Profile classification	Single-zone analysis Full-body average Fat & muscle mass Hydration level Visceral fat & BMI Body Profile classification	6-zone analysis Segmental measurements Fat & muscle mass Hydration level Visceral fat & BMI Advanced Body Profile	6-zone analysis Segmental measurement Fat & muscle mass Hydration level Visceral fat & BMI Advanced Body Profile	6-zone analysis Segmental measurements Fat & muscle mass Hydration level Visceral fat & BMI Advanced Body Profile
 Retractable handle SEGMENTAL MEASUREMENTS	—	—	Retractable handle Enables 6-zone analysis	Retractable handle Enables 6-zone analysis	Retractable handle Enables 6-zone analysis Touch-sensor electrodes Built-in display on handle Improved readability
 Heart Health CARDIOVASCULAR INSIGHTS	Standing heart rate	Standing heart rate Vascular age	Standing heart rate Vascular age	Standing heart rate Vascular age 6-lead ECG ¹ Atrial fibrillation detection ¹	Standing heart rate Vascular age 6-lead ECG ¹ Atrial fibrillation detection ¹ Hypertension notifications ² Heart Age Blood oxygen levels (SpO ₂)
 Metabolic health DEEP METABOLIC ASSESSMENT	Basal Metabolic Rate Calorie intake auto-compute	Basal Metabolic Rate Calorie intake auto-compute	Basal Metabolic Rate Calorie intake auto-compute	Basal Metabolic Rate Calorie intake auto-compute Glucose Resilience Your body's response to glucose	Basal Metabolic Rate Calorie intake auto-compute Glucose Resilience Your body's response to glucose
 Nerve health PERIPHERAL NERVOUS SYSTEM	—	Nerve Health Score Detects early signs of diabetes-related complications ³	—	Nerve Health Score Detects early signs of diabetes-related complications ³	Nerve Response Score Stress response & recovery insights
 Display HIGH-RESOLUTION COLOR	2.8" color screen Personalized insights	2.8" color screen Personalized insights	3.4" color screen Personalized insights	3.2" color screen Personalized insights	3.5" color screen Personalized insights Extra-wide display, built-in
 Experience MODES & CONNECTIVITY	Athlete, pregnancy, baby & eyes-closed modes Automatic user recognition on Withings Precise on Technology™ AutoSync™ via Wi-Fi & Bluetooth	Athlete, pregnancy, baby & eyes-closed modes Automatic user recognition on Withings Precision Technology™ AutoSync™ via Wi-Fi & Bluetooth	Athlete, pregnancy, baby & eyes-closed modes Automatic user recognition on Withings Precision Technology™ AutoSync™ via Wi-Fi & Bluetooth	Athlete, pregnancy, baby & eyes-closed modes Automatic user recognition on Withings Precision Technology™ AutoSync™ via Wi-Fi & Bluetooth	Athlete, pregnancy, baby & eyes-closed modes Automatic user recognition on Withings Precision Technology™ AutoSync™ via Wi-Fi & Bluetooth
 Withings+ PREMIUM SUBSCRIPTION	Personalized Health Priorities & Weekly Plan BodyPath Tracks calorie balance & weight goals	Personalized Health Priorities & Weekly Plan BodyPath Tracks calorie balance & weight goals	Personalized Health Priorities & Weekly Plan BodyPath Tracks calorie balance & weight goals Body Intelligence The intelligence layer on top of your data.	Personalized Health Priorities & Weekly Plan BodyPath Tracks calorie balance & weight goals Cardiologist review included ⁴ Longevity Intelligence The intelligence layer on top of your data.	Personalized Health Priorities & Weekly Plan BodyPath Tracks calorie balance & weight goals Cardiologist review included ⁴ Longevity Intelligence The intelligence layer on top of your data.

¹ Via ECG Monitor available on Body Scan and BodyScan 2.

² Withings Body Comp and Body Scan can detect signs of autonomic peripheral neuropathy thanks to the Nerve Health Score feature.

³ Withings Hypertension Notification is a software-only medical device that analyzes demographic, anthropometric, and physiological parameter data opportunistically collected by Withings devices to identify patterns that are suggestive of hypertension and provides a notification to the user. This feature detects possible signs of hypertension, it is not a diagnostic and does not measure blood pressure. It cannot deliver any results with a already existing blood pressure monitor and consult a healthcare professional, regular home or monitoring and discussing results with your doctor remain the best way to support your long-term health. Not for use by those under 22, pregnant or with a pre-existing type-1 diabetes diagnosis.

⁴ Cardio Check-Up is available in Europe, the United States, Canada, Hong Kong and Australia directly in your Withings App, and requires a Withings+ subscription. It will be available in other countries at a later date.

Features availability subject to software update. Some features require a Withings+ subscription.

Privacy Built-In

End-to-end encrypted. Withings never sells data to third parties, advertisers, or insurers. You own your health data and can delete it anytime via the app. Certified ISO 27001, ISO 27701, and HDS.

Availability

In Europe and the UK, Withings BodyFit will be available from July 1, 2026 at €249.95 and £229.95 respectively, on withings.com, Amazon, and select retailers such as Boots, Currys, John Lewis, and Argos.

About Withings

A pioneer in real-life health monitoring, Withings created the first connected scale in 2009 and has continually innovated since then to offer an ecosystem of clinically validated connected objects, used by 12 million people worldwide, as well as by numerous renowned healthcare centers and research institutes. The Withings ecosystem measures over 90 biomarkers. It includes a sleep analyzer that detects sleep cycles, wake phases, and sleep apnoea. It also features hybrid connected watches that notably track heart rate and its variations day and night, perform a medical-grade electrocardiogram to detect pathologies like atrial fibrillation, or monitor blood oxygenation. Its connected blood pressure monitors allow for home monitoring of blood pressure evolution, thanks to sharing reliable and exhaustive measurement reports with a doctor, and can integrate a stethoscope to detect at-home valvular heart disease, which is more frequent in cases of arterial hypertension.

To learn more, visit withings.com. With You. For Life.

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